



Jumanah Beck <earthsuitnutrition@gmail.com>

Fwd: test results

1 message

Vindra <vmahabir@gmail.com>
To: Jumanah Beck <earthsuitnutrition@gmail.com>

Mon, Jan 17, 2022 at 8:30 PM

Hi Jumanah
Forwarding the blood work report from my Dr. Unfortunately, it did not come in an attachment and it's in the body of the email below.

----- Forwarded message -----
From: **Munjal Parikh** <parikhbureau8@gmail.com>
Date: Mon, Jan 17, 2022 at 7:51 PM
Subject: test results
To: <vmahabir@gmail.com>

see below

Patient Name: VINDRA MAHABIRSINGH	Home Phone: (416)605-7575	Date of Service: 02-Nov-2021
Date of Birth: 1964-11-15	Work Phone: N/A	Date Lab Received: 2021-11-03 00:41
Age: 57 years	Sex: F	Report Status: Final
Health # 9958856438	Patient Location: MDS	Client Ref. #: 257717
		Accession #: 5H3060911
Requesting Client: DR. M.S. PARIKH		cc: Client: DR. M.S. PARIKH
Munjal Parikh : Acknowledged 06-Nov-21 12:52, comment : ok		

HEMATOLOGY I							Lab Req Date/Time
							2021-11-02 12:22:00
Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Annotation
SEDIMENTATION RATE (ESR) info	34	HI	2 - 30	mm/hr	2021-11-02 12:21:00	Final	
WBC info	7.7		4.0 - 11.0	x E9/L	2021-11-02 12:21:00	Final	
RBC info	4.69		4.00 - 5.10	x E12/L	2021-11-02 12:21:00	Final	
HEMOGLOBIN info	126		120 - 160	g/L	2021-11-02 12:21:00	Final	
HEMATOCRIT info	0.384		0.350 - 0.450	L/L	2021-11-02 12:21:00	Final	
MCV info	82		80 - 100	fL	2021-11-02 12:21:00	Final	
MCH info	26.9	LO	27.5 - 33.0	pg	2021-11-02 12:21:00	Final	
MCHC info	328		305 - 360	g/L	2021-11-02 12:21:00	Final	
RDW info	13.5		11.5 - 14.5	%	2021-11-02 12:21:00	Final	
PLATELET COUNT info	355		150 - 400	x E9/L	2021-11-02 12:21:00	Final	

HEMATOLOGY IILab Req Date/Time
2021-11-02 12:22:00

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Annotation
NEUTROPHILS info	3.2		2.0 - 7.5	x E9/L	2021-11-02 12:21:00	Final	
LYMPHOCYTES info	3.5		1.0 - 3.5	x E9/L	2021-11-02 12:21:00	Final	
MONOCYTES info	0.5		0.2 - 1.0	x E9/L	2021-11-02 12:21:00	Final	
EOSINOPHILS info	0.3		0.0 - 0.5	x E9/L	2021-11-02 12:21:00	Final	
BASOPHILS info	0.1		0.0 - 0.2	x E9/L	2021-11-02 12:21:00	Final	
IMMATURE GRANULOCYTES	0.0		0.0 - 0.1	x E9/L	2021-11-02 12:21:00	Final	
NRBC	0			/100 WBC	2021-11-02 12:21:00	Final	

MORPHOLOGYLab Req Date/Time
2021-11-02 12:22:00

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Annotation
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URINALYSIS: CHEMICALLab Req Date/Time
2021-11-02 12:22:00

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Annotation
COLLECTION DATE info	02-NOV-2021				2021-11-02 12:21:00	Final	
COLLECTION TIME info	12:21				2021-11-02 12:21:00	Final	
APPEARANCE	CLEAR		Clear		2021-11-02 12:21:00	Final	
New method implemented in October 2021. Reporting categories updated, reference intervals remain the same.							
COLOUR info	YELLOW		Yellow		2021-11-02 12:21:00	Final	
SPECIFIC GRAVITY info	1.015				2021-11-02 12:21:00	Final	
pH info	6.5		5.0 - 8.0		2021-11-02 12:21:00	Final	
PROTEIN info	NEGATIVE		Negative	g/L	2021-11-02 12:21:00	Final	
GLUCOSE info	NEGATIVE		Negative	mmol/L	2021-11-02 12:21:00	Final	
KETONE info	NEGATIVE		Negative	mmol/L	2021-11-02 12:21:00	Final	
BLOOD info	TRACE	HI	Negative	RBC/uL	2021-11-02 12:21:00	Final	
NITRITE info	NEGATIVE		Negative		2021-11-02 12:21:00	Final	
LEUKOCYTES	125	HI	Negative	WBC/uL	2021-11-02 12:21:00	Final	

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Annotation
GLUCOSE-FASTING info	4.7		3.6 - 6.0	mmol/L	2021-11-02 12:21:00	Final	
HbA1C info	5.8		<6.0	%	2021-11-02 12:21:00	Final	
<p>Diabetes Canada 2018 Guidelines:</p> <p>-----</p> <p>Screening and Diagnosis: < 5.5 % Normal 5.5% - 5.9 % At risk 6.0% - 6.4 % Prediabetes >OR= 6.5 % Diabetes Mellitus If HbA1c >OR= 6.5 % and asymptomatic, confirm using Fasting Glucose, HbA1c or 75g OGTT.</p> <p>-----</p> <p>Monitoring: Target in adults without comorbidities. Other targets may be more appropriate in children, elderly and patients with comorbidities.</p> <p>-----</p> <p>Results may not accurately reflect mean blood glucose in patients with hemoglobin variants, disorders associated with abnormal erythrocyte turnover, severe renal and liver disorders.</p>							
CREATININE info	61		50-100	umol/L	2021-11-02 12:21:00	Final	
eGFR info	98				2021-11-02 12:21:00	Final	
<p>Normal eGFR is described as greater than or equal to 90 ml/min/1.73 m2.</p> <p>For patients of African descent, the reported eGFR must be multiplied by 1.15.</p> <p>Effective May 4 2015, eGFR is calculated using the CKD-EPI 2009 equation.</p> <p>KDIGO 2012 guidelines highlight the importance of eGFR and urine albumin creatinine ratio (ACR) in screening, diagnosis and management of CKD. Results for eGFR should be interpreted in concert with ACR.</p>							
SODIUM info	140		135-145	mmol/L	2021-11-02 12:21:00	Final	
POTASSIUM info	4.2		3.5-5.2	mmol/L	2021-11-02 12:21:00	Final	
CHLORIDE info	101		98-108	mmol/L	2021-11-02 12:21:00	Final	
ALANINE TRANSAMINASE (ALT) info	38	HI	<36	U/L	2021-11-02 12:21:00	Final	
ALKALINE PHOSPHATASE info	146	HI	35-120	U/L	2021-11-02 12:21:00	Final	

Lab Req Date/Time
2021-11-02 12:22:00








ROUTINE CHEMISTRY II

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Annotation
CREATINE KINASE (CK)	55		33-165	U/L	2021-11-02 12:21:00	Final	
ALBUMIN info	47		35-52	g/L	2021-11-02 12:21:00	Final	

Lab Req Date/Time
2021-11-02 12:22:00

CARDIOVASCULAR RISK ASSESSMENT

Test Name(s)	Result	Abn	Reference Range	Units	Date/Time Completed	Status	Annotation
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				12:21:00		
TRIGLYCERIDES info	1.99	mmol/L	2021-11-02 12:21:00	Final		
CHOLESTEROL info	6.84	mmol/L	2021-11-02 12:21:00	Final		
HDL CHOLESTEROL info	1.77	mmol/L	2021-11-02 12:21:00	Final		
New formulation (24/Sep/2018): In some patients with abnormal liver function, the HDL-c result may be different due to the presence of lipoproteins with abnormal lipid distribution.						
CHOLESTEROL/HDL RATIO info	3.9		2021-11-02 12:21:00	Final		
LDL CHOLESTEROL(CALCULATED) info	4.17	mmol/L	2021-11-02 12:21:00	Final		
Consider the non HDL-C value as an alternate lipid target if monitoring treatment in intermediate or high risk patients.						
NON HDL CHOLESTEROL	5.07	mmol/L	2021-11-02 12:21:00	Final		
Non HDL-Cholesterol is not affected by the fasting status of the patient.						
LIPID TARGET VALUES info			2021-11-02 12:21:00	Final		
Lipid Target Values should be based on patient 10 year CVD risk assessment.						
! High or Intermediate CVD risk						
-----!-----						
Primary ! LDL-C < or = 2.0 mmol/L OR						
Tx target ! > or = 50% decrease in LDL-C						
!						
Alternate ! Non HDL-C < or = 2.6 mmol/L OR						
Tx target ! ApoB < or = 0.8 g/L						
-----!-----						
! Low CVD risk						
-----!-----						
Primary !> or = 50% decrease in LDL-C						

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 Regards
 Vindra Mahabir
 vmahabir@gmail.com