

Patient: HEYD, MARGARET ANNA  
PHN: 9846797852  
Date of Birth: 09/Sep/1981  
Patient Phone: 604-250-3865

Age: 41 y  
Gender: Female



Ordering Provider: PORTER, KATHRYN  
CopyTo(s):

Lab #: 23-214577191  
Collected: 31/Jul/2023 15:07  
Received: 31/Jul/2023 15:07

Test Result	Result Flags	Reference Range	Result Units	Time Resulted
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**Specimen Comment**

General Information

This Standing Order will expire on 15-DEC-2024. If this Standing Order is still required, please provide your patient with a new laboratory requisition prior to this date.

**Glucose and Hemoglobin A1C**

Hemoglobin A1C/Total Hemoglobin

This test was performed at Burnaby Reference Laboratory - 3680 Gilmore Way, Burnaby, BC, V5G 4V8

Hemoglobin A1C/Total Hemoglobin

7.1	A	4.5-5.9	%	01/Aug/2023 10:40
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Therapeutic target for most adults with type 1 or type 2 diabetes is <=7.0%. In the frail elderly and patients who are prone to hypoglycemia, target is <=8.5%. A1c >=6.5% meets the criterion for type 2 diabetes mellitus in adults. See 2018 Diabetes Canada guidelines.

**Routine Chemistry**

Electrolytes Panel

This test was performed at Burnaby Reference Laboratory - 3680 Gilmore Way, Burnaby, BC, V5G 4V8

Sodium	139	135-145	mmol/L	31/Jul/2023 20:50
Potassium	4.0	3.5-5.0	mmol/L	31/Jul/2023 20:50

Creatinine & Glomerular Filtration Rate Predicted Panel

This test was performed at Burnaby Reference Laboratory - 3680 Gilmore Way, Burnaby, BC, V5G 4V8

Creatinine	66	45-90	umol/L	31/Jul/2023 20:50
Glomerular Filtration Rate/1.73 Sq M Predicted	100	>=60		31/Jul/2023 20:50

Units for eGFR are mL/min/1.73sq.m  
Kidney function estimate based on assumption of a stable serum creatinine concentration: diet, drugs, pregnancy, clinical state and muscle mass can affect accuracy of the estimate. Urinary ACR may assist interpretation.  
See <https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines/chronic-kidney-disease>

**Thyroid Function**

Thyroid Stimulating Hormone (TSH)

This test was performed at Burnaby Reference Laboratory - 3680 Gilmore Way, Burnaby, BC, V5G 4V8

Thyroid Stimulating Hormone (TSH)	0.68	0.32-5.04	mU/L	31/Jul/2023 20:50
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The FT4 and FT3 orders were cancelled as per BC Guidelines. However, the specimen will be stored for seven days.  
Gestational reference intervals:  
1st Trimester 0.10-3.50 mU/L  
2nd Trimester 0.30-3.50 mU/L  
3rd Trimester 0.45-4.00 mU/L

Inquiries: LifeLabs 1-800-431-7206

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FINAL